Schedule of HKU Sports Teams Recruitment (As of 15 Sep 2026)

Team	Category	Venue	Recruitment Day(s)	Time	Contact Person	Contact Email	Instagram
Archery	Both	Sky Archery, Chai Wan	November 14	12:00 - 15:00 15:00 - 18:00	Law Sam Bok	u3633436@connect.hku.hk	@archery.hku
Athletics	Both	Athletics Stadium, Stanley Ho Sports Centre	September 16 & 21	19:00 - 20:30	Jane Karlsson	jayniflare2@gmail.com	@hkuathletics
Badminton	Both	West Island School, 3/F	September 16	20:30 - 22:30	Lam Cheuk Ying Charlotte	cylamcharlotte@gmail.com	@hkubadminton
Basketball	Men	West Island School, 3/F	September 7 & 10	19:00 - 20:30	Tsang Long Him Kyle	kt051228@connect.hku.hk	@hkubballclub
Basketball	Women	West Island School, 3/F	September 7 & 10	20:30 - 22:30	Ho Ching Yin	u3658715@connect.hku.hk	@hkuwbbt
Cross Country	Both	Stanley Ho Sports Centre, Pitch #3 (Track)	September 9 & 23	18:30 - 20:30	Lin Long Ki	jamesllk@connect.hku.hk	@hkucrosscountry
Dragon Boat	Both	Ap Lei Chau Typhoon Shelter	Starting from October 3 (every Saturday morning)	09:00 - 12:00	Lee Sin Yu	leefish@connect.hku.hk	@hkudb
Fencing	Both	Fencers Club Hong Kong - HK Island (Flat D, 5/F, Victoria Centre, 15 Watson Road, Fortress Hill, Causeway Bay)	September 10	19:30 - 22:30	Sheryl Fung	sherylst@connect.hku.hk	@hkufencing
Handball	Men	Handball Court, Wong Chuk Hang Recreation Ground	September 7	20:00 - 22:00	Chau Ka Him Jacky	u3652984@connect.hku.hk	@hkuhandball
Handball	Women	Wong Chuk Hang Recreation Ground (Sep 14) Kowloon Bay Recreation Ground (Sep 16; Backup)	September 14 & September 16 (Backup)	20:00 - 22:00 (Sep 14) 21:00- 23:00 (Sep 16)	Haylie Pak	phn9@connect.hku.hk	@hkuhandball
Hockey	Men	Stanley Ho Sports Centre, Pitch #2AB	September 16	20:30 - 22:30	Lam Ting Hei	u3647495@connect.hku.hk	@hkuhockey
Hockey	Women	Stanley Ho Sports Centre, Pitch #2AB	September 16	20:30 - 22:30	Chan Hei Tung Audrey Wang Apple	audreychan@connect.hku.hk applewangyr@connect.hku.hk	@hkuhockey
Judo	Both	Ho Tim Hall, Multi-purpose room	October 2 & 5	19:30 - 22:30	Li Chung Kiu Jerry	U3629378@connect.hku.hk	@hkujudo
Karate	Both	Suen Chi Sun Hall, Multi-purpose Room 1	October 5	19:30 - 21:30	Yeung Hoi Yu	u3640262@connect.hku.hk	@karateclub_hku
Kendo	Both	Ho Tim Hall, Multi-purpose Room	September 12 & 19 October 3, 10, 17, 24 & 31	13:30 - 16:30	Tsang Wai Lun	alvin.t0712@gmail.com	@kendo.hku
Lacrosse	Both	Stanley Ho Sports Centre, Pitch #1AB	September 14 & 16	(Sep 14) 20:30 - 22:30 (Sep 16) 21:00 - 22:30	Chan Ho Pong	kurtischan063@connect.hku.hk	@hkulax
Netball	Both	Stanley Ho Sports Centre, All Weather Area	September 8 & 10 (Taster Sessions) September 15 & 17 (Team Trials)	19:00 - 21:00	Amelia Hiu Ying Chow	ameliachow@connect.hku.hk	@hkunetball
Rowing	Both	Suen Chi Sun Hall, Multi-purpose Room 1	September 1, 8, 15, 22 & 29	18:30 - 21:30	Hui Ting Wing Ednah Lee	u3633617@connect.hku.hk ednah.lee@connect.hku.hk	@hkurowclub
Rugby	Men	Stanley Ho Sports Centre, Pitch #1AB	September 30 and October 2	19:00 - 21:00	Law Lok Ching	llching@connect.hku.hk	@hkurfc
Rugby	Women	Stanley Ho Sports Centre, Pitch #1AB	September 18	19:00 - 21:00	Law Lok Ching	llching@connect.hku.hk	@hkurfc
Soccer	Men	Stanley Ho Sports Centre, Pitch #3	September 9 & 16	18:00 - 20:00	Chan Pak To Alex	alex2004@connect.hku.hk	@hkufootballclub
Soccer	Women	Stanley Ho Sports Centre, Pitch #2 (Monday), Pitch #3 (Fridays)	September 7, 11, 14, 18, 21 & 25	19:00 - 20:30	Sienna Liu	u3637989@connect.hku.hk	@hkuwomensfootball
Softball	Both	Stanley Ho Sports Centre, Pitch #4	September 16 & 23	19:00 - 22:30	Cheung Po Chun Xu Cui Yun	pochuncheung1@gmail.com u3618883@connect.hku.hk	@hkusoftball
Sport Climbing	Both	Stanley Ho Sports Centre, Climbing Wall	September 16 & 18	19:00 - 22:00	Cheng Ka Tsung	ralexy33@connect.hku.hk	@hkuclimbing
Squash	Both	The Salisbury-YMCA of Hong Kong	September 16 & 23	20:00 - 22:30	Hau Timothy	hltim@connect.hku.hk	@hku_squash
Swimming	Both	Henry Fok Swimming Pool	September 9 & 11	18:30 - 20:30	Wong Tsoi Wan	u3647552@connect.hku.hk	@hkuswim
Table-Tennis	Both	Ho Tim Hall, Multi-Purpose Room	September 9, 16, 23	19:30 - 22:30	Li Mei Yau Nicole	nicoleli030805@gmail.com	@hkutabletennis
Taekwondo	Both	Suen Chi Sun Hall, Multi-purpose Room 2	September 29 (Poomsae) September 24 (Kyorugi)	18:30 - 21:30	Wong Wing Yiu	wwywwy@connect.hku.hk	@hku_taekwondo
Tennis	Both	Stanley Ho Sports Centre, Tennis Courts #1-4	September 2, 4, 9, 11, 16, 18 & 23	19:30 - 22:30	Bosco Lee	u3652563@connect.hku.hk	@hku.tennis
Volleyball	Men	9/F Arena, West Island School (Sep 4) 3/F Sports Hall, West Island School (Sep 8, 15)	September 4, 8 & 15	19:30 - 22:30	Tang Chi Fung Tsz Long	u3608078@connect.hku.hk 20262526@learner.hku-space.hku.hk	@hku.volleyball
Volleyball	Women	3/F Sports Hall, West Island School (Sep 8) 9/F Arena, West Island School (Sep 17)	September 8 & 17	19:30 - 22:30	Jessica Chau Nicole Li	jesscsm@connect.hku.hk lcm1010@connect.hku.hk	@hku.volleyball
Water Polo	Men	Stanley Ho Sports Centre, Henry Fok Swimming Pool	Feel free to join us every Tuesday & Sunday in September	20:00 - 21:45 (Tue) 19:00 - 21:00 (Sun)	Yuen Shing Yau Yannis Cheung Kai Yiu Leo	u3638635@connect.hku.hk kycheungleo@gmail.com	@hkuwaterpolo
Woodball	Both	Stanley Ho Sports Centre, Pitch #3	September 16 & 18	(Sep 16) 20:00 - 22:30 (Sep 18) 19:00 - 22:00	Ng Cheuk Yan	u3639072@connect.hku.hk	@hku.woodball