




**CENTRE FOR
SPORTS AND EXERCISE**
 THE UNIVERSITY OF HONG KONG
 香港大學運動中心

HKU SPORTS TEAMS RECRUITMENT

General Enquiries: uniteam@hku.hk

Schedule of HKU Sports Teams Recruitment (As of 1 Sep 2025)

Team	Category	Venue	Recruitment Day(s)	Time	Contact Person	Contact Email	Instagram
Archery	Both	NO Recruitment in September & October			Yu Chung Yau	u3638878@connect.hku.hk	@archery.hku
Athletics	Both	Stanley Ho Sports Centre, Pitch #3	September 15 & 17	19:00-21:00	Johannsson Magnus Prostur Pak Hoi Man Chloe	athletic@connect.hku.hk	@hkuathletics
Badminton	Both	West Island School 3/F	September 3	20:30 - 22:30	Wong Lok Yin Isaac	u3638894@connect.hku.hk	@hkubadminton
Basketball	Men	West Island School 3/F	September 8 & 11	19:00-20:30	Tsang Long Him Kyle	kt051228@connect.hku.hk	@hkuballclub
Basketball	Women	West Island School 3/F	September 8 & 11	20:45-22:30(Sep 8) 20:45-22:30(Sep 11)	Allison Siao Chan	asc0921@connect.hku.hk	@hkuwbbt
Cross Country	Both	Stanley Ho Sports Centre, Pitch #3	September 10 & 24	18:30-19:30	James Leung	james127@connect.hku.hk	@hkucrosscountry
Dragon Boat	Both	Repulse Bay Beach (Sep 13) Ap Lei Chau Typhoon Shelter (Sep 20)	September 13 & 20	10:00-20:00 (Sep 13) 09:30-12:00 (Sep 20)	Kam Ka Shun	dbclub@connect.hku.hk	@hkudb
Fencing	Both	Fencers Club (HK Island)	September 11	19:30 - 22:30	Lam Chin Yui Kiyumi	u3606605@connect.hku.hk	@hkufencing
Handball	Men	TBC	September 8, 10	19:00 - 22:00	Lee Joi Yuen Jerry	u3605850@connect.hku.hk	@hkuhandball
Handball	Women	Wong Chuk Hang Recreation Ground (108 Wong Chuk Hang Road, Aberdeen, HK)	September 10	19:00 - 21:00	Pak Hoi Ning Haylie	phn9@connect.hku.hk	@hkuhandball
Hockey	Men	Stanley Ho Sports Centre, Pitch #2	September 3	20:30 - 22:30	Ryan Wong	rywryan@connect.hku.hk	@hkuhockey
Hockey	Women	Stanley Ho Sports Centre, Pitch #2	September 3	20:30 - 22:30	Yung Long Ching	u3593060@connect.hku.hk	@hkuhockey
Judo	Both	Ho Tim Hall	September 9th - September 24th (TBC) (Refer to our IG for the latest updates)	12:00 - 18:00 (TBC)	Ho Ming Nok Wong Chun Wa	enoch824@connect.hku.hk u3622713@connect.hku.hk	@hkujudo
Karate	Both	Suen Chi Sun Multi-purpose Room 1	October 13 & 16	19:30 - 21:30	Kan Tsz Yu Jeremy	u3623527@connect.hku.hk	@hkukarateclub
Kendo	Both	TBC			Cheung In Ma Sai Hin	cinat@connect.hku.hk u3600356@connect.hku.hk	@kendo.hku
Lacrosse	Men	TBC	TBC	TBC	Mok Tsz Fung	jacky714@connect.hku.hk	@hkulax
Lacrosse	Women	Stanley Ho Sports Centre, Pitch #1	October 8	20:30 - 22:30	Chau Lok Yi Heidi Tse Hoi Laam Alison	u3592954@connect.hku.hk laaaaam@connect.hku.hk	@hkulax
Netball	Both	Stanley Ho Sports Center, All Weather Area	September 16 & 18	19:00 - 21:00	Agru Chan Ho Cheuk Hei Ivan	achan28@connect.hku.hk ivanh@connect.hku.hk	@hkunetball
Rowing	Both	Suen Chi Sun Multi-purpose Room 1	Mid September (TBC)	18:00/19:00 (TBC)	Zhao Mei Si Queenie Wong Chin Hong	rowclub@connect.hku.hk	@hkurowclub
Rugby	Both	Stanley Ho Sports Centre, Pitch #1	September 5 & 12	18:45 - 21:00	Fong Kee Lok Francis Charlotte	u3583984@connect.hku.hk charctc@connect.hku.hk	@hkurfrc
Soccer	Men	Stanley Ho Sports Centre, Pitch #3	September 10 & 17	18:30 - 20:30	Lu Hong Wa	u3618333@connect.hku.hk	@hkufootballclub
Soccer	Women	Stanley Ho Sports Center, Pitch #3 (Sept 5 & 19) Stanley Ho Sports Center, Pitch #1 (Sept 8 & 22)	September 5, 8, 19 & 22	19:00 - 21:00 (Sep 5 & 19) 18:30 - 20:30 (Sep 8 & 22)	Andi Li Kwan Ho	u3600209@connect.hku.hk	@hkuwomensfootball
Softball	Both	Stanley Ho Sports Centre, Pitch #4	October 8 & October 15	19:00 - 22:30	Kwok On Ki Artemis	onki1123@connect.hku.hk	@hkusoftball
Sport Climbing	Both	Stanley Ho Sports Centre, Climbing Wall	September 17 & 19	19:00 - 22:00	Kho Anthony Maynard Chua Fong Junnie Chun Yee	climbing@connect.hku.hk	@hkuclimbing
Squash	Both	The Salisbury - YMCA of Hong Kong, Squash Court	September 3 & 17	20:00 - 22:30	Ting Long Hin Alex	u3606799@connect.hku.hk squash@connect.hku.hk	@hku_squash
Swimming	Both	Stanley Ho Sports Centre, Henry Fok Swimming Pool	September 3, 5 & 12	18:30 - 20:30	Ma Zeyuan Chen Wing Kiu	hkuswimmingclub@gmail.com	@hkuswim
Table-Tennis	Both	Loke Yew Hall	September 8	19:00 - 22:00	Cheng Shun Ming	garyesm@connect.hku.hk	@hkutabletennis
Taekwondo	Both	Suen Chi Sun Multi-purpose Room 2	September 23 (Poomsae) September 25 (Sparring)	18:30 - 21:30	Chung Ka Yi Lam Masaki	u3605824@connect.hku.hk masaki1@connect.hku.hk	@hku_taekwondo
Tennis	Both	Stanley Ho Sports Centre, Tennis Court #1-4	September 3, 5, 10, 12, 17, 19, 24 & 26	19:30 - 21:00	Leung Yi Hang Ethan	u3597857@connect.hku.hk	@hku.tennis
Volleyball	Men	West Island School 9/F Arena Gym (Sept 5) West Island School 3/F Sports Hall (Sept 9, 16)	September 5, 9 September 16 (for HKU Space students)	19:30 - 21:00	Lo Ngai Yin Jasper	u3577878@connect.hku.hk	@hku.volleyball
Volleyball	Women	West Island School	September 9 & 16	19:30-22:30	Ho Tung Tung Blu	u3615010@connect.hku.hk	@hku.volleyball
Water Polo	Men	Stanley Ho Sports Centre, Henry Fok Swimming Pool	Feel free to join us every Tuesday & Sunday in September	20:00 - 21:45 (Tue) 19:00 - 21:00 (Sun)	Jason Ho Joshua Kwok	u3633491@connect.hku.hk u3622677@connect.hku.hk	@hkuwaterpolo
Woodball	Both	Stanley Ho Sports Centre, Pitch #3	September 17 & 19	20:00-22:30 (Sept 17) 19:00-22:00 (Sept 19)	Kam Ho Yat	kameric445@connect.hku.hk	@hku.woodball