1.0 Introduction

The Sportsman and Sportswoman of the Year awards consist of a Trophy and a Trophy Replica. The Alumni Association of Malaysia and Singapore Jubilee Prizes are also awarded annually to the best undergraduate sportsman and sportswoman of the Year.

2.0 Criteria for the Awards

The awards are bestowed on students who, in the current year, have shown evidence of the following:

2.1 The highest level of ability in their particular sport or sports. National, regional and international level would be considered.

2.2 A regular and outstanding contribution to one or more University team(s) by taking part in regular training and participation in external competitions (USFHK, AIG, World University Games, PRC University Games, National University Championship, etc.).

2.3 A high standard of sportsmanship, conduct and leadership on and off the field of play.

3.0 Procedures for Selection

3.1 Nomination forms will be sent by the Centre of Sports and Exercise (CSE) to the Sports Association and all Faculties, Halls and Club secretaries.

3.2 Nomination forms should be returned to the CSE by 1st April, 2019, 5 pm (late submission will not be accepted). Nomination forms cannot be amended, withdrawn or substituted after submission.

3.3 The Selection Committee will then recommend 4 candidates for each award (men and women) and clearly indicate the votes allotted to each candidate.

3.4 All shortlisted candidates ARE REQUIRED to attend the HKU Sports Team Superpass Dinner on 26th April, 2019 unless receiving prior approval from the CSE.
3.5 The Selection Committee will make the final decision, and the awards will be announced and awarded at the **HKU Sports Team Superpass Dinner on 26th April, 2019.**

3.6 The Selection Committee will consist of the following:

(a) Assistant Director, CSE  
(b) Dean of Student Affairs, CEDARS  
(c) HKUSUSA Councilor(s);
THE UNIVERSITY OF HONG KONG
CENTRE FOR SPORTS AND EXERCISE

NOMINATION FORM FOR THE SPORTSMAN/SPORTSWOMAN OF THE YEAR AWARDS
AND FOR THE ALUMNI ASSOCIATION OF MALAYSIA AND SINGAPORE JUBILEE PRIZE

2018/2019

Application Form

Particulars of Nominee

<table>
<thead>
<tr>
<th>Name (Chinese):</th>
<th>Name (English):</th>
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<tbody>
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</table>

Age: ___________________________ Gender: ___________________________

Programme: ___________________________ Faculty & Year: ___________________________

Contact Tel. No.: ___________________________ E-mail: ___________________________

Nominee’s Signature: ___________________________ Date: ___________________________

Particulars of Nominators

1. Club/faculty/hall/SA (name & position): ___________________________ Signature: ___________________________

2. Club/faculty/hall/SA (name & position): ___________________________ Signature: ___________________________

Date: ___________________________

Outstanding performances of the nominee should be obtained during 21 March 2018 to 31 March 2019

Sports event: ___________________________

1. Results of USFHK & local open competitions (Please list a maximum of 5 best performances according to the order of the importance of the competitions / results):

The Centre for Sports and Exercise is a newly established centre which has taken over the service component of the Institute of Human Performance with effect from July 1, 2016.

Stanley Ho Sports Centre
10 Sha Wan Drive
Sandy Bay, Hong Kong
Tel: 2819-5450
Fax: 2816-1701

Flora Ho Sports Centre
111-113 Pokfulam Road
Pokfulam, Hong Kong
Tel: 2817-4046
Fax: 2855-0344

Active Health Clinic
10 Sha Wan Drive
Sandy Bay, Hong Kong
Tel: 2872-1355
Fax: 2817-1974

IHP Active Centre
Room 3.36, 3/F
The Jockey Club Tower
Centennial Campus, HKU
Tel: 3917-7852
Fax: 2548-5266

E-mail: csehk@hku.hk
Website: www.ihp.hku.hk
The Centre for Sports and Exercise is a newly established centre which has taken over the service component of the Institute of Human Performance with effect from July 1, 2016.

| E-mail: cse@hku.hk | Website: www.ihp.hku.hk |

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### 2. Results of National, Regional, International competitions

(Please list a maximum of 5 best performances according to the order of the importance of the competitions / results):

<table>
<thead>
<tr>
<th>DATE</th>
<th>NAME OF COMPETITION</th>
<th>COUNTRY</th>
<th>EVENT</th>
<th>RESULT / POSITION (e.g. 45m in Javelin)</th>
<th>NO. OF ENTRIES</th>
</tr>
</thead>
</table>

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### 3. Number of times breaking the USFHK records and results

Times: _________

<table>
<thead>
<tr>
<th>DATE</th>
<th>COUNTRY</th>
<th>NAME OF COMPETITION</th>
<th>EVENT</th>
<th>RESULT / POSITION (e.g. 45m in Javelin)</th>
</tr>
</thead>
</table>

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### 4. Number of times breaking the Hong Kong records and results

Times: _________

<table>
<thead>
<tr>
<th>DATE</th>
<th>COUNTRY</th>
<th>NAME OF COMPETITION</th>
<th>EVENT</th>
<th>RESULT / POSITION (e.g. 45m in Javelin)</th>
</tr>
</thead>
</table>

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### 5. World / Asian ranking of the nominee:

<table>
<thead>
<tr>
<th>RANKING DATE</th>
<th>WORLD / ASIAN RANKING</th>
<th>EVENT</th>
<th>RESULT</th>
<th>WORLD / ASIAN RECORD (e.g. 45m in Javelin)</th>
</tr>
</thead>
</table>
6. Special honours and awards received:

<table>
<thead>
<tr>
<th>Description</th>
<th>Details</th>
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7. Other contribution to the respective sport:

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<th>Description</th>
<th>Details</th>
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8. Leadership roles and positions in respective sport:

<table>
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<th>Description</th>
<th>Details</th>
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9. Written description on achievements (*this part must be completed*)

(i) description in Chinese Language (a minimum of 200 & maximum of 400 words)

(ii) description in English Language (a minimum of 200 & maximum of 400 words)

<table>
<thead>
<tr>
<th>Description</th>
<th>Details</th>
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10. Any other information:

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<th>Description</th>
<th>Details</th>
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Note: Please send in
1. A minimum of 2 photographs from each competition reported in this nomination form; send to cynthiafan@hku.hk in high resolution JPEG format. Nominee is also encouraged to submit video footage.
2. Color Copies of certificates, newspaper clippings or documents on the competition/s.

Please return this form together with all relevant material to Miss. Cynthia Fan at Flora Ho Sports Centre.
Enquires: Miss. Cynthia Fan (cynthiafan@hku.hk, 2817-0525)

N.B.: Deadline for submission: 1st April, 2019 (5pm).